



2023/24 Menu k-8
Lunch

Keys Grace Academy Food Service

Mon	Tue	Wed	Thu	Fri
8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023
Main Entree Crispy Chicken Sandwich Vegetable Potato Tater Tots Broccoli Cuts IQF Fruit watermelon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Taco's Grain Spanish Rice Vegetable Salsa Mild Beans Refried Vegetarian Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Cheese Lasagna Rollup Grain WG Roll Vegetable Carrots Broccoli Cuts IQF Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree The Cheeseburger Vegetable Fry Waffle Cross Trax Seasoned Carrots Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Cheese Pizza Pepperoni Pizza Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
9/4/2023	9/5/2023	9/6/2023	9/7/2023	9/8/2023
	Main Entree Totchos Grain Chips Tortilla WG Yellow Round Vegetable Salsa Mild Fruit Apple Slices BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Crispy Chicken Sandwich Vegetable Potato Tater Tots Broccoli Cuts IQF Fruit watermelon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Sloppy Joe Grain WG Hamburger Buns Vegetable Beans Baked Vegetarian Carrots Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Cheese Pizza Pepperoni Pizza Grain Breadstick Garlic 8in Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023
Main Entree Breaded Chicken Drumstix Grain WG Roll Vegetable Mashed Potato Corn Prepared Fruit Apple Sauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk Condiments Chicken Gravy	Main Entree Jennie - O Turkey breakfast Sausage Grain Eggo Whole Grain Waffle Vegetable Hashbrown Potato Rounds Fruit Strawberry Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken & Broccoli Penne Alfredo Grain WG Roll Vegetable Carrots Fruit Warmed Cinnamon Applesauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Turkey Frank Grain Bun Hot Dog WG White Vegetable Fry Curly Seasoned Beans Baked Vegetarian Fruit BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Cheese Pizza Pepperoni Pizza Grain Breadstick Garlic 8in Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk
9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023
Main Entree Chicken Nugget Bowl Grain Whole Grain Roll Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Super Nacho with Hatch Chili Queso Vegetable Salsa Mild Beans Black Fruit Strawberry Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Macaroni & Cheese RF Grain WG Roll Vegetable Carrots Broccoli Cuts IQF Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree The Cheeseburger Vegetable Fry Waffle Cross Trax Seasoned Carrots Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Pepperoni Pizza Cheese Pizza Grain Breadstick Garlic 8in Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk



Mon	Tue	Wed	Thu	Fri
9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023
Main Entree Crispy Chicken Sandwich Vegetable Potato Tater Tots Broccoli Cuts IQF Fruit watermelon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Chicken Fajitas Vegetable Beans Refried Vegetarian Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Meatball Mashed Potato Bowl Grain WG Roll Fruit BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Potato and Cheese boat with pretzel Vegetable Carrots Fruit Warmed Cinnamon Applesauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk	Main Entree Pepperoni Pizza Cheese Pizza Grain Breadstick Garlic 8in Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Main Entree Honey Sriracha Chicken wings Grain WG Roll Vegetable Fry Wedge 8 Cut Seasoned Broccoli Cuts IQF Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Strawberry Milk Condiments Dressing Ranch Cup	Main Entree Jennie - O Turkey breakfast Sausage Grain Whole Gain French Toast Bites Vegetable Hashbrown Potato Rounds Fruit Strawberry Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Condiments Syrup Pancake Maple Flavored	Main Entree Macaroni & Cheese RF Grain WG Roll Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Turkey Frank Grain Bun Hot Dog WG White Vegetable Fry Curly Seasoned Beans Baked Vegetarian Fruit watermelon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
Main Entree Crispy Chicken Sandwich Vegetable Potato Tater Tots Broccoli frozen Fruit watermelon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Taco's Grain Spanish Rice Vegetable Beans Refried Vegetarian Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Cheese Lasagna Rollup Grain Whole Grain Roll Vegetable Carrots Frozen Broccoli Cuts IQF Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Beef Patty Cheese American Sliced 160 Ct Grain WG Hamburger Buns Vegetable Carrots Frozen Fry Waffle Lattice cut Seasoned Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
Main Entree Breaded Chicken Nugget FC Cheese American Sliced 160 Ct Grain Whole Grain Flatbread Vegetable Corn Prepared Fry Wedge 8 Cut Seasoned Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Totchos Grain Chips Tortilla WG Yellow Round Vegetable Salsa Mild Fruit BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Crispy Chicken Sandwich Vegetable Potato Tater Tots Broccoli Cuts IQF Fruit watermelon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Sloppy Joe Grain WG Hamburger Buns Vegetable Beans Baked Vegetarian Carrots Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
Main Entree Breaded Chicken Drumstix Grain WG Roll Vegetable Potato Pearls Excel Mashed Corn Prepared Fruit Apple Slices BB Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Condiments Chicken Gravy	Main Entree Jennie - O Turkey breakfast Sausage Grain Eggo Whole Grain Waffle Vegetable Hashbrown Potato Rounds Fruit Strawberry Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Condiments Syrup Pancake Maple Flavored	Main Entree Chicken & Broccoli Penne Alfredo Grain WG Roll Vegetable Carrots Broccoli Cuts IQF Fruit Oranges Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Turkey Frank Grain Bun Hot Dog WG White Vegetable Fry Curly Seasoned Ovenable Beans Baked Vegetarian Fruit BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
10/30/2023	10/31/2023	11/1/2023	11/2/2023	11/3/2023
Main Entree Chicken Nugget Bowl Grain WG Roll Fruit Apple Slices BB Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Super Nacho with Hatch Chili Queso Vegetable Beans Black Salsa Mild Fruit Apple Sauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Macaroni & Cheese RF Grain WG Roll Vegetable Carrots Frozen Broccoli Cuts IQF Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Beef Patty Cheese American Sliced 160 Ct Grain WG Hamburger Buns Vegetable Fry Waffle Cross Trax Seasoned Carrots Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
11/6/2023	11/7/2023	11/8/2023	11/9/2023	11/10/2023
Main Entree Crispy Chicken Sandwich Vegetable Broccoli Cuts IQF Potato Tater Tots Fruit watermellon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Chicken Fajitas Vegetable Corn Frz No Salt MOR RESA Beans Black Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Meatball Beef .65oz Commodity Grain WG Roll Vegetable Potato Pearls Excel Mashed Broccoli frozen Fruit BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Condiments Gravy Beef Roasted	Main Entree WG Pretzel and Cheese Vegetable Fry Wedge 8 Cut Seasoned Carrots Fruit Apple Sauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
11/13/2023	11/14/2023	11/15/2023	11/16/2023	11/17/2023
Main Entree Honey Sriracha Chicken wings Grain WG Roll Vegetable Fry Curly Seasoned Broccoli Cuts IQF Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Condiments Dressing Ranch Cup	Main Entree Jennie - O Turkey breakfast Sausage Grain Whole Gain French Toast Bites Vegetable Hashbrown Potato Rounds Fruit Strawberry Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Condiments Syrup Pancake Maple Flavored	Main Entree Macaroni & Cheese RF Grain WG Roll Vegetable Carrots Green Beans Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Turkey Frank Grain Bun Hot Dog WG White Vegetable Fry Curly Seasoned Beans Baked Vegetarian Fruit watermellon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
11/20/2023	11/21/2023	11/22/2023	11/23/2023	11/24/2023
Main Entree Crispy Chicken Sandwich Vegetable Potato Tater Tots Broccoli frozen Fruit watermelon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Taco's Grain Spanish Rice Vegetable Beans Refried Vegetarian Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Cheese Lasagna Rollup Grain Whole Grain Roll Vegetable Carrots Frozen Broccoli Cuts IQF Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint		
11/27/2023	11/28/2023	11/29/2023	11/30/2023	12/1/2023
Main Entree Breaded Chicken Nugget FC Cheese American Sliced 160 Ct Grain Whole Grain Flatbread Vegetable Corn Prepared Fry Wedge 8 Cut Seasoned Fruit Apple Slices Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Totchos Grain Chips Tortilla WG Yellow Round Vegetable Salsa Mild Fruit BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Crispy Chicken Sandwich Vegetable Potato Tater Tots Broccoli Cuts IQF Fruit watermelon Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Sloppy Joe Grain WG Hamburger Buns Vegetable Beans Baked Vegetarian Carrots Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
12/4/2023	12/5/2023	12/6/2023	12/7/2023	12/8/2023
Main Entree Breaded Chicken Drumstix Grain WG Roll Vegetable Potato Pearls Excel Mashed Corn Prepared Fruit Apple Slices BB Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Condiments Chicken Gravy	Main Entree Jennie - O Turkey breakfast Sausage Grain Eggo Whole Grain Waffle Vegetable Hashbrown Potato Rounds Fruit Strawberry Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint Condiments Syrup Pancake Maple Flavored	Main Entree Chicken & Broccoli Penne Alfredo Grain WG Roll Vegetable Carrots Broccoli Cuts IQF Fruit Oranges Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Turkey Frank Grain Bun Hot Dog WG White Vegetable Fry Curly Seasoned Ovenable Beans Baked Vegetarian Fruit BlueBerries Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
12/11/2023	12/12/2023	12/13/2023	12/14/2023	12/15/2023
Main Entree Chicken Nugget Bowl Grain WG Roll Fruit Apple Slices BB Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Super Nacho with Hatch Chili Queso Vegetable Beans Black Salsa Mild Fruit Apple Sauce Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Macaroni & Cheese RF Grain WG Roll Vegetable Carrots Frozen Broccoli Cuts IQF Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Beef Patty Cheese American Sliced 160 Ct Grain WG Hamburger Buns Vegetable Fry Waffle Cross Trax Seasoned Carrots Fruit Pears Diced Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	Main Entree Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza Vegetable Green Beans Carrots Fruit Peaches Frz Diced Cup MOR RESA Milk Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 8/27/2023, End = 12/16/2023)
Menu Plan	(2023/24 Menu k-8)