



2023/24 Menu k-8  
Lunch

Keys Grace Academy Food Service

Mon	Tue	Wed	Thu	Fri
1/1/2024	1/2/2024	1/3/2024	1/4/2024	1/5/2024
1/8/2024	1/9/2024	1/10/2024	1/11/2024	1/12/2024
<b>Main Entree</b> Crispy Chicken Sandwich <b>Vegetable</b> Potato Tater Tots Broccoli <b>Fruit</b> watermelon <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Taco's <b>Grain</b> Spanish Rice <b>Vegetable</b> Beans Refried Vegetarian <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Cheese Lasagna Rollup <b>Grain</b> Whole Grain Roll <b>Vegetable</b> Carrots Frozen Broccoli Cuts IQF <b>Fruit</b> Apple Slices <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Beef Patty Cheese American Sliced 160 Ct <b>Grain</b> WG Hamburger Buns <b>Vegetable</b> Carrots Frozen Fry Waffle Lattice cut Seasone <b>Fruit</b> Pears Diced <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
1/15/2024	1/16/2024	1/17/2024	1/18/2024	1/19/2024
<b>Main Entree</b> Chicken Nugget Cheese American Sliced 160 Ct <b>Grain</b> Whole Grain Flatbread <b>Vegetable</b> Sweet Corn Fry Wedge 8 Cut Seasoned <b>Fruit</b> Apple Slices <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Totchos <b>Grain</b> Chips Tortilla WG Yellow Round <b>Vegetable</b> Salsa Mild <b>Fruit</b> BlueBerries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Crispy Chicken Sandwich <b>Vegetable</b> Potato Tater Tots Broccoli Cuts IQF <b>Fruit</b> watermelon <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Sloppy Joe <b>Grain</b> WG Hamburger Buns <b>Vegetable</b> Beans Baked Vegetarian Seasoned Carrots <b>Fruit</b> Pears Diced <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint





Mon	Tue	Wed	Thu	Fri
1/22/2024	1/23/2024	1/24/2024	1/25/2024	1/26/2024
<b>Main Entree</b> Breaded Chicken Drumstix <b>Grain</b> WG Roll <b>Vegetable</b> Potato Pearls Excel Mashed Sweet Corn <b>Fruit</b> Apple Slices BB <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Chicken Gravy	<b>Main Entree</b> Jennie - O Turkey breakfast Sausage <b>Grain</b> Eggo Whole Grain Waffle <b>Vegetable</b> Hashbrown Potato Rounds <b>Fruit</b> Strawberries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Syrup Pancake Maple Flavored	<b>Main Entree</b> Chicken & Broccoli Penne Alfredo <b>Grain</b> WG Roll <b>Vegetable</b> Seasoned Carrots Broccoli Cuts IQF <b>Fruit</b> Oranges <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Turkey Frank <b>Grain</b> Bun Hot Dog WG White <b>Vegetable</b> Curly Seasoned fries Beans Baked Vegetarian <b>Fruit</b> BlueBerries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
<b>Main Entree</b> Chicken Nugget Bowl <b>Grain</b> WG Roll <b>Fruit</b> Apple Slices BB <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Super Nacho with Hatch Chili Queso <b>Vegetable</b> Beans Black Salsa Mild <b>Fruit</b> Cinnamon Applesauce <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Macaroni & Cheese RF <b>Grain</b> WG Roll <b>Vegetable</b> Carrots Frozen Broccoli Cuts IQF <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Beef Patty Cheese American Sliced 160 Ct <b>Grain</b> WG Hamburger Buns <b>Vegetable</b> Seasoned Fries Seasoned Carrots <b>Fruit</b> Pears Diced <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
<b>Main Entree</b> Crispy Chicken Sandwich <b>Vegetable</b> Broccoli Cuts IQF Potato Tater Tots <b>Fruit</b> watermellon <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Chicken Fajitas <b>Vegetable</b> Corn Frz No Salt MOR RESA Beans Black <b>Fruit</b> Apple Slices <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Meatball Beef .65oz Commodity <b>Grain</b> WG Roll <b>Vegetable</b> Potato Pearls Excel Mashed Broccoli <b>Fruit</b> BlueBerries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Gravy Beef Roasted	<b>Main Entree</b> WG Pretzel and Cheese <b>Vegetable</b> Fry Wedge 8 Cut Seasoned Seasoned Carrots <b>Fruit</b> Cinnamon Applesauce <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
<b>Main Entree</b> Honey Sriracha Chicken wings <b>Grain</b> WG Roll <b>Vegetable</b> Fry Curly Seasoned Broccoli Cuts IQF <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Dressing Ranch Cup	<b>Main Entree</b> Jennie - O Turkey breakfast Sausage <b>Grain</b> Whole Gain French Toast Bites <b>Vegetable</b> Hashbrown Potato Rounds <b>Fruit</b> Strawberries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Syrup Pancake Maple Flavored	<b>Main Entree</b> Macaroni & Cheese RF <b>Grain</b> WG Roll <b>Vegetable</b> Seasoned Carrots Seasoned Green Beans <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Turkey Frank <b>Grain</b> Bun Hot Dog WG White <b>Vegetable</b> Fry Curly Seasoned Beans Baked Vegetarian <b>Fruit</b> watermellon <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
2/19/2024	2/20/2024	2/21/2024	2/22/2024	2/23/2024
<b>Main Entree</b> Crispy Chicken Sandwich <b>Vegetable</b> Potato Tater Tots Broccoli <b>Fruit</b> watermellon <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Taco's <b>Grain</b> Spanish Rice <b>Vegetable</b> Beans Refried Vegetarian <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Cheese Lasagna Rollup <b>Grain</b> Whole Grain Roll <b>Vegetable</b> Carrots Frozen Broccoli Cuts IQF <b>Fruit</b> Apple Slices <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Beef Patty Cheese American Sliced 160 Ct <b>Grain</b> WG Hamburger Buns <b>Vegetable</b> Carrots Frozen Fry Waffle Lattice cut Seasone <b>Fruit</b> Pears Diced <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
2/26/2024	2/27/2024	2/28/2024	2/29/2024	3/1/2024
<b>Main Entree</b> Chicken Nugget Cheese American Sliced 160 Ct <b>Grain</b> Whole Grain Flatbread <b>Vegetable</b> Sweet Corn Fry Wedge 8 Cut Seasoned <b>Fruit</b> Apple Slices <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Totchos <b>Grain</b> Chips Tortilla WG Yellow Round <b>Vegetable</b> Salsa Mild <b>Fruit</b> BlueBerries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Crispy Chicken Sandwich <b>Vegetable</b> Potato Tater Tots Broccoli Cuts IQF <b>Fruit</b> watermellon <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Sloppy Joe <b>Grain</b> WG Hamburger Buns <b>Vegetable</b> Beans Baked Vegetarian Seasoned Carrots <b>Fruit</b> Pears Diced <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
3/4/2024	3/5/2024	3/6/2024	3/7/2024	3/8/2024
<b>Main Entree</b> Breaded Chicken Drumstix <b>Grain</b> WG Roll <b>Vegetable</b> Potato Pearls Excel Mashed Sweet Corn <b>Fruit</b> Apple Slices BB <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Chicken Gravy	<b>Main Entree</b> Jennie - O Turkey breakfast Sausage <b>Grain</b> Eggo Whole Grain Waffle <b>Vegetable</b> Hashbrown Potato Rounds <b>Fruit</b> Strawberries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Syrup Pancake Maple Flavored	<b>Main Entree</b> Chicken & Broccoli Penne Alfredo <b>Grain</b> WG Roll <b>Vegetable</b> Seasoned Carrots Broccoli Cuts IQF <b>Fruit</b> Oranges <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Turkey Frank <b>Grain</b> Bun Hot Dog WG White <b>Vegetable</b> Curly Seasoned fries Beans Baked Vegetarian <b>Fruit</b> BlueBerries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024
<b>Main Entree</b> Chicken Nugget Bowl <b>Grain</b> WG Roll <b>Fruit</b> Apple Slices BB <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Super Nacho with Hatch Chili Queso <b>Vegetable</b> Beans Black Salsa Mild <b>Fruit</b> Cinnamon Applesauce <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Macaroni & Cheese RF <b>Grain</b> WG Roll <b>Vegetable</b> Carrots Frozen Broccoli Cuts IQF <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Beef Patty Cheese American Sliced 160 Ct <b>Grain</b> WG Hamburger Buns <b>Vegetable</b> Seasoned Fries Seasoned Carrots <b>Fruit</b> Pears Diced <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
3/18/2024	3/19/2024	3/20/2024	3/21/2024	3/22/2024
<b>Main Entree</b> Crispy Chicken Sandwich <b>Vegetable</b> Broccoli Cuts IQF Potato Tater Tots <b>Fruit</b> watermellon <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Chicken Fajitas <b>Vegetable</b> Corn Frz No Salt MOR RESA Beans Black <b>Fruit</b> Apple Slices <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Meatball Beef .65oz Commodity <b>Grain</b> WG Roll <b>Vegetable</b> Potato Pearls Excel Mashed Broccoli <b>Fruit</b> BlueBerries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Gravy Beef Roasted	<b>Main Entree</b> WG Pretzel and Cheese <b>Vegetable</b> Fry Wedge 8 Cut Seasoned Seasoned Carrots <b>Fruit</b> Cinnamon Applesauce <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint
3/25/2024	3/26/2024	3/27/2024	3/28/2024	3/29/2024
<b>Main Entree</b> Honey Sriracha Chicken wings <b>Grain</b> WG Roll <b>Vegetable</b> Fry Curly Seasoned Broccoli Cuts IQF <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Dressing Ranch Cup	<b>Main Entree</b> Jennie - O Turkey breakfast Sausage <b>Grain</b> Whole Gain French Toast Bites <b>Vegetable</b> Hashbrown Potato Rounds <b>Fruit</b> Strawberries <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint <b>Condiments</b> Syrup Pancake Maple Flavored	<b>Main Entree</b> Macaroni & Cheese RF <b>Grain</b> WG Roll <b>Vegetable</b> Seasoned Carrots Seasoned Green Beans <b>Fruit</b> Sweet Peaches Cup <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Turkey Frank <b>Grain</b> Bun Hot Dog WG White <b>Vegetable</b> Fry Curly Seasoned Beans Baked Vegetarian <b>Fruit</b> watermellon <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint	<b>Main Entree</b> Breadsticks Cheese WFRF 6in Cheese Pizza Pepperoni Pizza <b>Vegetable</b> Seasoned Green Beans Seasoned Carrots <b>Fruit</b> Peaches Frz Diced Cup MOR RESA <b>Milk</b> Milk Chocolate F.F 1/2 Pint Milk White 1% 1/2 Pint



Mon	Tue	Wed	Thu	Fri
4/1/2024	4/2/2024	4/3/2024	4/4/2024	4/5/2024

FILTERS	
Name(s)	Value(s)
Buildings	(Westside Christian Academy)
Date Range	(Start = 12/31/2023, End = 4/6/2024)
Menu Plan	(2023/24 Menu k-8)